

Westwood Baptist Church *Grounded. Growing. Going.*



Worship Guide for July 31, 2022

Sermon Notes

Take Up the Whole Armor of God Ephesians 6:13-18

Last week, Pastor Gerald led us in an overview of this section on the reality of spiritual warfare (v. 10-20). In today's passage, we will walk through v. 13-18a together in order to focus on the various aspects of this means of "the whole armor of God." As pastor Gerald mentioned last week, this description of armor employs a picture of the Roman soldier but should ultimately turn our gaze onto the description of our Warrior God from the book of Isaiah. This passage should serve as a reminder of the God who has already secured victory for his people, of the new reality his people have in Christ, and of the spiritual realities that the Spirit of God produces through his people as they live in this reality of spiritual warfare.

The Context: *What is the therefore there for?*

The Charge: *Take up the whole armor of God (v. 13)*

The Means: *6 Pieces of Armor (v. 14-17)*

Weekly Discipleship Guide

Know

**What does God intend for me to know?
In your journal, use the following prompts to write
some truths that stood out from this week's message.**

I never knew...	I was reminded...	A question I still have...
I was challenged...	I was convicted...	A truth I could share...
I was encouraged to...		I need to dig deeper into...

Be (Consider)

**What does God's Word lead me to prayerfully consider?
In your journal, use the following questions to write
some prompts to use in praying through this week's passage.**

Is there a command to obey?	Am I convicted to confess any sin?
How am I compelled to exalt God?	Is there a sin to avoid?
Is there a promise to claim?	How do I need to rest in Jesus/the gospel?
Is there a principle to follow?	How can I pray for someone else?
Is there an example to follow?	What am I compelled to love or desire?

Do (Yield)

**How does God's Word call me to yield my life? In your journal, write
your answers and thoughts in response to the following questions.**

What has continued to stay with you from this week's passage and message? What did you leave feeling most compelled to do? What is the tangible first or next step?

How do we balance the objective aspects (what is true of God and about us in Christ) of this armor with the subjective (how we live in light of those truths)? What is your greatest struggle in this?

What was your response to the final question from the message? Have you noticed specific ways in which you have grown more comfortable wearing and battling in this armor? In what ways do you desire to grow more comfortable?

*Use this guide to help you internalize this week's message & to prepare for Life Group.

Westwood Staff

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