

Westwood Baptist Church *Grounded. Growing. Going.*



Worship Guide for August 9, 2020

Sermon Notes

Lord, I Need You, Oh, I Need You!

Psalm 119: 33-40 (pew Bible pg. 513)

Paul confessed, *“I do not understand my own actions. For I do not do what I want, but I do the very thing I hate.....for I have the desire to do what is right, but not the ability to carry it out.”* (Rom 7: 15 & 18)

In Psalm 119 the psalmist wants to walk in God’s ways and keep God’s law, but he finds his heart is too often and too easily turned in other directions. His heart is attracted to himself (*selfish gain*) and his eyes are drawn to *worthless things*. Underneath all this is a deep-seated fear of disgrace and reproach - that in the end it will be revealed that we aren’t good enough. The psalmist’s fear is well founded. We aren’t good enough. We never will be through our own efforts. His final request, “in your righteousness give me life”, begs the question: how can the righteous holy God give life to selfish, rebellious sinners?

The ‘He’ section of Psalm 119 contains a series of prayers, repeated requests for God’s instruction, His guidance, His re-direction of our affections and our attention, for Him to remove our fear of disgrace and give us life. Only in Christ can we find and receive the answers to these prayers. Jesus is the Way God has made available to us. He is the Truth God has revealed to us. He is the Life God is graciously offering us.

Lord, I need your grace to walk in your statutes.

Lord, I need your understanding to know your truths.

Lord, I need your re-direction to love your ways.

Lord, I need your promises confirmed to fear your name.

Lord, I need your righteousness to have your life.

Weekly Discipleship Guide

Sunday

In your journal, reflect on today's sermon by answering the following:

I never knew:

I was challenged:

I was reminded:

I was convicted:

A question I still have:

A truth I could share:

Know

Monday

Spend some time today doing the following:

Read the sermon passage again.

Select a portion of this week's sermon passage to memorize this week.

Write your selected portion and read it to yourself at least 10 times throughout the day.

Know > Be

Tuesday

In your journal, spend some time writing about the following:

Read the sermon passage again.

Write a prayer of response, guided by the passage.

(May include adoration, confession/repentance, thanksgiving, petition, etc...)

Write your selected portion of the Scripture several times to aid in memorization.

Be

Wednesday

Think about this week's questions for group discussion:

Why is taking time to express specific areas of dependence on God in our time in prayer vital to our spiritual health?

How should we go about assessing the direction of our hearts (our affections)? What are some key questions that we can use in that assessment? How can others help in this?

Which term or phrase from these verses that describe the Psalmist's interaction with God's Word gives you greatest pause, or brings conviction to you? Why? How might you respond?

Be > Do

Thursday

In your journal, spend some time considering the following:

What insights have you had while internalizing this week's passage?

How specifically will you seek to apply its truths in your home/workplace/life in general?

Do

*Use this guide to help you internalize this week's passage & message.

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