



Worship Guide for July 19, 2020

Sermon Notes

**How Can We Keep Our Way Pure?**

Psalm 119: 9-16

King David prayed for a clean heart and for his spirit to be renewed (Psalm 51:10). How can this happen in our lives? Isaiah declared that being clean before God was necessary before he could be used by God (Isaiah 6). How can we receive this cleansing? Jeremiah said our hearts are deceitful and desperately wicked (Jeremiah 17:9). How can this be changed? Jesus said the pure in heart will see God (Matthew 5:8). How do we gain and maintain this required purity? Paul said the pursuit of doing what he should was a constant struggle (Romans 7: 15). How can we gain the victory in this fight against sin?

These are questions every Christian should be asking, because every follower of Christ is called to personal holiness. The application of Psalm 119:9-16 is for all Christians in general. It is for the young specifically, and for young men especially. *How can a young man keep his way pure?*

God instructs us in the way we need to go (Ps 119: 9-10)

God gives us the words we need to treasure (Ps 119: 11)

God shows us the joy we are meant to experience (Ps 119: 12-14)

# Weekly Discipleship Guide

## Sunday

*In your journal, reflect on today's sermon by answering the following:*

I never knew:

I was challenged:

I was reminded:

I was convicted:

A question I still have:

A truth I could share:

**Know**

## Monday

*Spend some time today doing the following:*

Read the sermon passage again.

Select a portion of this week's sermon passage to memorize this week.

Write your selected portion and read it to yourself at least 10 times throughout the day.

**Know > Be**

## Tuesday

*In your journal, spend some time writing about the following:*

Read the sermon passage again.

Write a prayer of response, guided by the passage.

(May include adoration, confession/repentance, thanksgiving, petition, etc...)

Write your selected portion of the Scripture several times to aid in memorization.

**Be**

## Wednesday

*Think about this week's questions for group discussion:*

"Young Christian men are an endangered species". This quote from Sunday's sermon should weigh heavy on us all. What does Psalm 119 say about how young men (and all of us) can walk in purity?

What did the text say was available to help us in this pursuit? (ie. proper heart focus, Scripture intake, memorization, meditation)

"Sanctification is hard work." How does this point from Sunday's sermon resonate with you? What points from the passage describe our full effort in growing in godliness? How are you doing in this work and how can your LifeGroup pray for you in this work?

**Be > Do**

## Thursday

*In your journal, spend some time considering the following:*

What insights have you had while internalizing this week's passage?

How specifically will you seek to apply its truths in your home/workplace/life in general?

**Do**

\*Use this guide to help you internalize this week's passage & message.

### Westwood Staff

**Gerald Hodges:** Lead Pastor

**Jonathan Taylor:** Associate Pastor

**Jim Fulp:** Counseling Pastor

**Jason Engle:** Pastor of Students  
& Discipleship

**Katie Austin:** Children's Ministry  
Coordinator

### Contact Us

336.599.1982

westwoodroxboro@gmail.com

www.westwoodfamily.org

### Church Office Hours

Monday - Friday

8:00am - 1:00pm

*Other times by appointment.*

Mailing Address:

970 Leasburg Road

Roxboro NC 27573-5470