

Westwood Baptist Church *Grounded. Growing. Going.*



Worship Guide for **April 12, 2020**

Sermon Notes

The Easter Psalm

Psalm 22

The first Christians who celebrated the resurrection of Jesus didn't have the New Testament scriptures. Yet they still were guided in their worship by the Word of God. What the New Testament historically records for God's people is prophetically promised in the Old Testament.

Psalm 22 is known as the Psalm of the Cross. The psalm has David as its author, but nothing in the life of David reflects the details of this Psalm and the depth of suffering recounted in its words. It accurately predicts in graphic detail what Jesus experienced as he hung on the cross and it does so over 950 years before the crucifixion of Christ occurred. Psalm 22 then takes us to the empty tomb where we are confronted by the universal glory of our resurrected Savior.

What begins with a cry of desolation ends with a declaration of worldwide praise and worship. The reason for our worship is that Jesus Christ is alive. The Father heard His cries and delivered Him. We gather this morning (in spirit) to worship because the tomb is empty, the throne is occupied, and Jesus lives! Psalm 22 directs our gaze to Jesus who died and rose and reigns. Psalm 22 could be called The Easter Psalm!

The Depths of our Savior's Suffering (vv 1-21)

The Heights of Our Savior's Resurrection Victory (vv 22-26)

The Extent of Our Lord's Reign and Renown (vv 27-31)

*All the ends of the earth shall remember and turn to the LORD,
and all the families of the nations shall worship before you.
For kingship belongs to the LORD, and he rules over the nations.*

Psalm 22:27-28

Weekly Discipleship Guide

Sunday

In your journal, reflect on today's sermon by answering the following:

I never knew:

I was challenged:

I was reminded:

I was convicted:

A question I still have:

A truth I could share:

Know

Monday

Spend some time today doing the following:

Read the sermon passage again.

Select a portion of this week's sermon passage to memorize this week.

Write your selected portion and read it to yourself at least 10 times throughout the day.

Know > Be

Tuesday

In your journal, spend some time writing about the following:

Read the sermon passage again.

Write a prayer of response, guided by the passage.

(May include adoration, confession/repentance, thanksgiving, petition, etc...)

Write your selected portion of the Scripture several times to aid in memorization.

Be

Wednesday

Think about this week's questions for group discussion:

Through the devotions offered throughout Holy Week as well as this week's message, what has the Lord stirred in your heart this Easter season?

Read 22:27-28 (together with your family, if you are able). How might you be propelled outward this week, to both proclaim the glory of the risen Christ and reflect his love and grace to your neighbors during this unique season?

How does the reality of the resurrection change the way we cry out to God? How does it change the way that we face seasons of lament?

Be > Do

Thursday

In your journal, spend some time considering the following:

What insights have you had while internalizing this week's passage?

How specifically will you seek to apply its truths in your home/workplace/life in general?

Do

*Use this guide to help you internalize this week's passage & message.

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