

Westwood Baptist Church *Grounded. Growing. Going.*



Worship Guide for **March 29, 2020**

Sermon Notes

Dwindling Away vs Dwelling with God

Psalm 90

Moses knew what it was to try to live by faith in a fallen, sin-sick world. Perhaps better than anyone else he knew what it was like to wake up day after day not knowing what the day might hold other than the bad news of more deaths. His generation had sinned against God and for that sin they were condemned to perish in the wilderness. Moses knew the character of God and he trusted in the faithfulness of God. He also knew the daily struggle under the consequences of sin. Ultimately Moses rested in the mercy of God and the reality that God himself was the only source of satisfaction, joy and security.

This psalm of Moses will help us keep life — this *real* life, this *real short* life, this *trouble-filled* life, in perspective. It will help us remember what is transient and what is eternal, and how to live wisely the days that we have been given.

A Statement of Faith:

From everlasting to everlasting you are God (vv1-2)

Lord, you have been our dwelling place in all generations.

*Before the mountains were brought forth, or ever you had formed the earth and the world,
from everlasting to everlasting you are God. (vv1-2)*

The Struggle of Faith:

Our present days are filled with the reality of sin and its consequences (vv 3-12)

For all our days pass away under your wrath; we bring our years to an end like a sigh.

*The years of our life are seventy, or even by reason of strength eighty,
yet their span is but toil and trouble; they are soon gone, and we fly away. (vv9-10)*

The Resting Place of Faith:

The reality of God's new day - satisfaction, joy and security (vv13-17)

*So teach us to number our days that we may get a heart of wisdom.
Satisfy us in the morning with your steadfast love, that we may rejoice and be glad all our days.*

*Let the favor of the Lord our God be upon us, and establish the work of our hands upon us;
yes, establish the work of our hands! (vv12,14,17)*